

Swim Wales Open Masters 2024 - 02/03/2024 to 03/03/2024

Wales National Pool, Swansea

Results - Session 4 - Warm Up 08:00 - 08:50

Event 406 Women 18-24 400 LC Meter IM

1	Sophie Payne	22	PRCT-	5:35.00
	34.18	39.95	45.40	43.61
	45.15	47.52	40.40	38.79
2	Arwen Teagle	23	MERY-	6:13.90
	39.80	54.92	45.99	44.30
	52.36	52.90	43.24	40.39

Event 406 Women 25-29 400 LC Meter IM

1	Jade Burton	26	LOUA-	5:47.66
	36.00	42.54	43.94	43.64
	48.40	50.07	42.08	40.99

Event 406 Women 30-34 400 LC Meter IM

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Event 406 Women 35-39 400 LC Meter IM

1	Alice Dinsdale-Young	36	OTTL-	6:20.76
	41.65	49.28	51.29	48.59
	50.29	51.41	45.88	42.37

Event 406 Women 40-44 400 LC Meter IM

1	Katie Pateman	42	EMAW-	5:43.39
	36.00	42.43	45.62	45.60
	47.81	47.51	40.26	38.16

Event 406 Women 45-49 400 LC Meter IM

1	Jessica Partridge	49	STMW-	5:48.50
	36.91	43.13	45.19	45.33
	49.64	51.79	38.52	37.99

Event 406 Women 50-54 400 LC Meter IM

1	Helen Gorman	52	COCY-	5:39.49
	35.99	41.36	45.75	45.11
	46.36	46.11	41.42	37.39
2	Judith McGregor-Harper	54	EMAW-	7:26.71
	48.51	58.56	1:01.01	1:00.85
	59.69	1:00.72	49.95	47.42

Event 406 Women 55-59 400 LC Meter IM

1	Adele Parham	57	EMAW-	6:38.45
	40.36	48.00	54.83	52.61
	55.21	55.72	46.34	45.38

Event 406 Women 60-64 400 LC Meter IM

1	Judy Brown	60	TMBN-	5:59.18
	38.00	44.73	43.74	42.36
	53.87	54.13	41.83	40.52

Event 406 Women 80-84 400 LC Meter IM

1	Margaret Weare	80	CALY-	12:23.95
	1:26.75	1:42.06	1:39.52	1:32.07
	1:43.94	1:49.61	1:13.68	1:16.32