

Swim Wales Summer Meet 2024 - 01/08/2024 to 05/08/2024

Meet Program - Session 7 - Warmup 7.45 - 8.45

Event 311 Girls 15 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1				—
2				—
3	Koo, Kathryn	15	Pembs Cty	2:53.60
4	Davies, Darcey	15	Rct Squad	2:52.70
5	Richardson, Amelie	15	Conwy	2:53.00
6				—
7				—
8				—

Heat 2 of 10 Prelims

1	Penge, Carys	15	Chirk	2:52.30
2	Spruce, Carys	15	AbingdonVale	2:50.80
3	Roberts, Lucy	15	Nofio Bangor	2:48.90
4	Holmes, Seren	15	Neath	2:48.18
5	Perrott, Niamh	15	Swansea Aq	2:48.80
6	Goddard, Amy	15	Rct Squad	2:49.20
7	Bruce, Skye	15	Pembs Cty	2:51.75
8				—

Heat 3 of 10 Prelims

1	Davies, Brianna	15	Mt Kelly	2:47.41
2	Haddrell, Eva Lily	16	Bridgend Cty	2:46.70
3	Brady, Grace	15	Rct Squad	2:46.28
4	Hughes-Rolls, Ava	15	Torfaen D	2:45.77
5	Howson, Ellen	15	Co Newport	2:45.90
6	Philpott, Ffion	15	Nofio S Gar	2:46.55
7	Jones, Lola	15	Torfaen D	2:47.30
8	Clissold, Bronwyn	16	Pembs Cty	2:48.00

Heat 4 of 10 Prelims

1	Morgan, Isabelle	16	Co Newport	2:43.80
2	Clissold, Elizabeth	18	Pembs Cty	2:43.00
3	Jones, Evie	16	Merthyr Tydf	2:42.75
4	Huws, Awen	16	NexusValleys	2:42.43
5	Williams, Cari	15	Nofio Bangor	2:42.50
6	Davies, Sian	15	Mt Kelly	2:42.80
7	Brook, Cerys	16	Stourbridge	2:43.40
8	Evans, Caitlin	18	Neath	2:44.80

Heat 5 of 10 Prelims

1	Jones, Rebecca	15	Co Coventry	2:42.04
2	Jones, Martha	15	Conwy	2:42.00
3	Brassington, Lucy	17	Co Cardiff	2:41.00
4	Jones, Myia	16	Wrexham	2:39.95
5	Parfitt, Lucy	16	Co Cardiff	2:40.24
6	Carr, Jenaya	17	Holywell	2:41.60
7	Williams, Martha	16	NofioGwynedd	2:42.00
8	Johnson, Poppy	15	Holywell	2:42.24

Heat 6 of 10 Prelims

1	Williams, Marys	15	Swansea Aq	2:39.75
2	James, Grace	15	Bridgend Cty	2:38.97
3	Hughes, Mari	17	Nofio Bangor	2:38.70
4	Hellfeld, Beatrix	17	Nofio Bangor	2:37.70
5	Spence, Clara	16	Carnforth	2:38.50
6	Martin, Lara	16	Bridgend Cty	2:38.75
7	Gardener, Hannah	15	Bridgend Cty	2:39.25
8	Evans, Sian	16	Holywell	2:39.90

Heat 7 of 10 Prelims

1	Gillett, Keira	19	Swansea Uni	2:37.60
2	Gruffydd, Mali	17	Co Cardiff	2:37.00
3	Tree, Charlotte	20	Swansea Uni	2:36.88
4	Robinson, Scarlett	16	Copeland	2:36.15
5	Gordon, Freya	15	Haslemere	2:36.47
6	Humphreys, Holly	16	Swansea Aq	2:36.97
7	Lythgoe, Manon	15	Swansea Aq	2:37.06
8	Cull, Harriett	17	Co Cardiff	2:37.60

Heat 8 of 10 Prelims

1	Ingram, Olivia	16	Co Cardiff	2:35.54
2	Roberts, Megan	17	Wrexham	2:31.61
3	Winstanley, Elin	15	Co Hereford	2:29.10
4	Titchener, Megan	16	Torfaen D	2:26.91
5	Wheeler, Oriana	19	Swansea Uni	2:27.98
6	Dacey, Mollie	16	Co Cardiff	2:30.03
7	Morgan, Carys	16	Wrexham	2:34.13
8	Wardell, Cari	15	Co Cardiff	2:35.84

Heat 9 of 10 Prelims

1	Nowell, Gabriella	19	Torfaen D	2:35.20
2	Davis, Bethan	19	Swansea Uni	2:31.31
3	John, Emilia	17	Co Cardiff	2:29.10
4	Williams-Jones, Phoebe	18	Co Cardiff	2:25.87
5	Rees, Katie	26	Swansea Uni	2:27.86
6	O Callaghan, Faye	19	Co Cardiff	2:29.90
7	Lewis, Lowri	18	Neath	2:33.54
8	Dwyfor-Clark, Efa	15	NofioGwynedd	2:35.75

Heat 10 of 10 Prelims

1	Smart, Charlotte	17	Swansea Aq	2:34.40
2	Fox, Honor	17	Co Cardiff	2:30.50
3	Bissicks, Ella	17	Swansea Aq	2:28.91
4	Gibson, Mari	16	Co Cardiff	2:23.50
5	Croke, Carys	17	Torfaen D	2:27.45
6	Day, Hannah	16	Co Cardiff	2:29.33
7	Marshall, Polly	19	Co Newport	2:32.73
8	Geach, Libbie	15	Neath	2:35.64

Event 312 Boys 15 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims

1				—
2				—
3	%Hobbs, Alexander S7	19	Swansea Uni/A, 1, 3, 5, 12	39.19
4	Hetherington, Sonny	15	Neath	29.64
5	Howe, Inigo	15	Torfaen D	29.67
6	%O'Reilly, McKenzie S8	15	Gloucester/A, 12+	40.31
7				—
8				—

Heat 2 of 12 Prelims

1	Crump, Joshua-James	15	Bridgend Cty	29.59
2	Eastwood, Tate	15	Wrexham	29.40
3	Langridge, Oliver	15	Holywell	29.34
4	Brock, Freddy	15	Rct Squad	29.30
5	Davies, Gethin	15	Pembs Cty	29.30
6	Parry, Now	15	NofioGwynedd	29.38
7	Hiscox, Jac	15	Bridgend Cty	29.59
8	Hewitt, Zac	15	Holywell	29.60

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Heat 3 Prelims (#312 Boys 15 & Over 50 LC Meter Freestyle)

1	Willis, Samuel	15	Torfaen D	29.18	___
2	Williams, Owen	15	NofioGwynedd	28.56	___
3	Davies, Lewis	15	NofioGwynedd	28.42	___
4	Leatherbarrow, Jack	16	Wrexham	28.30	___
5	Fudge, Marcus	16	Rct Squad	28.32	___
6	Tennant, Cale	16	Eastbourne	28.50	___
7	Galbraith, Elian	15	Nofio S Gar	28.90	___
8	Cates, James	15	Merthyr Tydf	29.20	___

Heat 4 of 12 Prelims

1	Evans, Oscar	15	Co Hereford	28.02	___
2	Ballantyne, Alex	15	Bridgend SC	27.89	___
3	Gubb, Harvey	18	Neath	27.80	___
4	Howells, Tom	15	Newtown	27.78	___
5	Divers, Connor	17	Caerphilly	27.79	___
6	Owen, Tomos	17	NofioGwynedd	27.81	___
7	Hedge, Thomas	19	Swansea Uni	27.90	___
8	Mansfield, Harry	15	Bridgend Cty	28.13	___

Heat 5 of 12 Prelims

1	Wren, James	16	Nofio Clwyd	27.70	___
2	Orr, Toby	18	Trowbridge	27.63	___
3	Chapman, Coby	15	Penyrheol	27.56	___
4	Hardy, Dewi	17	Wrexham	27.41	___
5	Dossett, Samson	15	Mt Kelly	27.52	___
6	Wilson, Aidan	15	Conwy	27.62	___
7	Evans, Owen	16	Bridgend Cty	27.69	___
8	Price Davies, Owen	18	Heads Valley	27.75	___

Heat 6 of 12 Prelims

1	Jones, Jay	17	Holywell	27.20	___
2	Caddy, Alexander	17	Caradon	27.10	___
3	Nashed, Mohamed	17	Conwy	27.00	___
4	Jasinski, Hubert	17	Co Newport	26.82	___
5	Koriakovtsev, Illia	17	Swansea Aq	27.00	___
6	Rhys, Gruff	16	NofioGwynedd	27.02	___
7	Bie, Alfie	16	Nofio Clwyd	27.17	___
8	Vinh, Joshua	15	Co Newport	27.20	___

Heat 7 of 12 Prelims

1	Davies, William	17	Co Newport	26.70	___
2	Willis, Kofi	15	Co Cardiff	26.68	___
3	Spinks, Owen	16	Torfaen D	26.59	___
4	Ogden, Dylan	16	Redditch	26.52	___
5	Rosser, Ellis	15	Torfaen D	26.52	___
6	Watkins, William	16	Bridgend SC	26.62	___
7	Steven, Adam	18	Co Newport	26.70	___
8	McGuinness, Charlie	18	Torfaen D	26.70	___

Heat 8 of 12 Prelims

1	Foster, Henry	15	Redditch	26.43	___
2	Holland, Tyler	16	Wrexham	26.36	___
3	Socket, Harley	16	Torfaen D	26.30	___
4	Montague, Mason	16	Pembs Cty	26.26	___
5	Silverstone, Solomon	15	Pembs Cty	26.28	___
6	Clark, Casper	15	Amersham	26.36	___
7	Twigger, Owen	15	Swansea Aq	26.36	___
8	Prysor, Sami	17	Pembs Cty	26.49	___

Heat 9 of 12 Prelims

1	Bebb, Lewis	17	Newtown	26.23	___
2	Thomas, Lucas	16	Conwy	26.18	___
3	Bie, Addison	17	Nofio Clwyd	26.03	___
4	Preece, Toby	17	Bridgend Cty	25.87	___
5	Gallagher, Reagan	18	TauntonDeane	25.90	___
6	Montgomery, Samuel	16	Pembs Cty	26.16	___
7	Hughes, Cian	19	Co Cardiff	26.20	___
8	Upton-Boorman, Liam	17	Nofio S Gar	26.24	___

Heat 10 of 12 Prelims

1	Pugh, Morgan	17	Torfaen D	25.60	___
2	Thomas, Rhys	19	Swansea Aq	25.20	___
3	Price, Bradley	32	Co Cardiff	24.32	___
4	Gough, Joshua	20	Co Hereford	24.07	___
5	Greenway, Morgan	21	Swansea Uni	24.15	___
6	Edwards, Dion	17	NofioGwynedd	24.83	___
7	Burston, Jack	17	Swansea Aq	25.37	___
8	Arnold, Jack	16	Swansea Aq	25.79	___

Heat 11 of 12 Prelims

1	Lennon, Danny	16	Wrexham	25.56	___
2	Poole, Dexter	19	Swansea Uni	25.05	___
3	Johnstone, Daniel	17	Nofio S Gar	24.31	___
4	Jones, Carwyn	18	Co Cardiff	24.06	___
5	James, Harley	19	Co Cardiff	24.12	___
6	Lee, Ethan	18	Co Cardiff	24.65	___
7	Mruk, Lucas	16	Torfaen D	25.27	___
8	Owen, Vinnie	16	Co Cardiff	25.78	___

Heat 12 of 12 Prelims

1	Vaughan, William	17	Rct Squad	25.39	___
2	Geysen-Holley, Max	19	Co Cardiff	24.94	___
3	McCarthy, Samuel	19	Co Cardiff	24.25	___
4	Larkin, Ryan	23	Swansea Uni	23.87	___
5	Burton, Matt	23	Swansea Uni	24.10	___
6	Jenkins, Richard	18	Millfield	24.46	___
7	Southwood, Charlie	17	Torfaen D	25.20	___
8	Evans, Monty	17	Gloucester	25.70	___

Event 313 Girls 15 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Prelims

1				___
2				___
3	%Rogerson, Heidi S10	17	Holywell/A, 12+	40.67
4	Jones, Erin	15	Wrexham	31.60
5	%Letton-Jones, Ela S12	18	NofioGwynedd	31.62
6				___
7				___
8				___

Heat 2 of 11 Prelims

1				___
2	Howson, Ellen	15	Co Newport	31.20
3	Bastyan, Emily-Grace	15	Torfaen D	30.97
4	Miles, Megan	16	Pembs Cty	30.63
5	Dickinson, Alexis	15	Bridgend SC	30.71
6	Goddard, Amy	15	Rct Squad	30.97
7	Philpott, Ffion	15	Nofio S Gar	31.44
8				___

Swim Wales Summer Meet 2024 - 01/08/2024 to 05/08/2024

Meet Program - Session 7 - Warmup 7.45 - 8.45

Heat 3 Prelims (#313 Girls 15 & Over 50 LC Meter Freestyle)

1	Bastyan, Ava-Rose	15	Torfaen D	30.53	___
2	Jones, Myia	16	Wrexham	30.40	___
3	Brook, Cerys	16	Stourbridge	30.40	___
4	Gilderdale, Celyn	16	Pembs Cty	30.30	___
5	Knight, Cari	16	Penyrheol	30.33	___
6	Morgan, Isabelle	16	Co Newport	30.40	___
7	Smith, Summer	15	Merthyr Tydf	30.49	___
8	Owen, Kessie	16	Neath	30.53	___

Heat 4 of 11 Prelims

1	Davies, Brianna	15	Mt Kelly	30.24	___
2	Jones, Martha	15	Conwy	30.19	___
3	Williams, Marys	15	Swansea Aq	30.13	___
4	Honeywell, Chloe	15	Evesham	30.09	___
5	Koo, Kathryn	15	Pembs Cty	30.10	___
6	Hardwicke, Martha	15	Bridgend Cty	30.16	___
7	Jones, Evie	16	Merthyr Tydf	30.23	___
8	Roberts, Lexi	15	Oswestry Ott	30.25	___

Heat 5 of 11 Prelims

1	Carr, Jenaya	17	Holywell	29.90	___
2	Hughes-Rolls, Ava	15	Torfaen D	29.87	___
3	Williams, Martha	16	NofioGwynedd	29.80	___
4	Mustoe, Lili-May	22	Swansea Uni	29.70	___
5	Hellfeld, Beatrix	17	Nofio Bangor	29.70	___
6	Williams, Hollie	17	Nofio S Gar	29.80	___
7	Cull, Harriett	17	Co Cardiff	29.90	___
8	Johnson, Poppy	15	Holywell	30.09	___

Heat 6 of 11 Prelims

1	Hughes, Mari	17	Nofio Bangor	29.66	___
2	Sweet-Roberts, Rosie	16	Torfaen D	29.59	___
3	Davies, Rachel	19	Swansea Uni	29.55	___
4	Clissold, Bronwyn	16	Pembs Cty	29.51	___
5	Hunt, Amelie	16	Eastbourne	29.55	___
6	Carter, Ava	16	Penyrheol	29.56	___
7	Clapham, Rhiannon	19	Pembs Cty	29.64	___
8	Davies, Ellen	15	Chirk	29.70	___

Heat 7 of 11 Prelims

1	McDonagh, Emily	16	Bridgend Cty	29.40	___
2	Clissold, Elizabeth	18	Pembs Cty	29.34	___
3	Worthington, Emma	16	Chirk	29.26	___
4	Avraam, Neve	16	Co Cardiff	29.13	___
5	Gibbs, Harriet	16	Nofio S Gar	29.19	___
6	Goodliffe, Faith	24	C Dolphins	29.31	___
7	Humphreys, Holly	16	Swansea Aq	29.36	___
8	Williams, Rose	16	Co Cardiff	29.47	___

Heat 8 of 11 Prelims

1	Shute, Olivia	18	Caradon	29.10	___
2	Jones, Lola	15	Torfaen D	29.07	___
3	Stork, Niamh	20	Co Cardiff	28.96	___
4	Keepings, Charlotte	18	Co Newport	28.90	___
5	John, Holly	17	Pembs Cty	28.90	___
6	Lewis, Hollie	17	Bridgend SC	29.04	___
7	Marshall, Polly	19	Co Newport	29.07	___
8	Geach, Libbie	15	Neath	29.11	___

Heat 9 of 11 Prelims

1	King, Marley	16	Penyrheol	28.82	___
2	Lewis, Lowri	18	Neath	28.67	___
3	Schumm, Libby	15	Torfaen D	28.46	___
4	Stead, Martha	19	Swansea Uni	27.46	___
5	Lush, Emily	22	Swansea Uni	28.01	___
6	Dacey, Mollie	16	Co Cardiff	28.60	___
7	Day, Hannah	16	Co Cardiff	28.75	___
8	James, Grace	15	Bridgend Cty	28.89	___

Heat 10 of 11 Prelims

1	Morgan, Carys	16	Wrexham	28.79	___
2	Stokes, Aimee	20	Swansea Uni	28.63	___
3	Leggott, Holly	22	Swansea Uni	28.45	___
4	Donovan, Kelsey	19	Co Cardiff	27.15	___
5	Owen, Gracie	16	Torfaen D	27.89	___
6	Evans, Sian	16	Holywell	28.60	___
7	Nowell, Gabriella	19	Torfaen D	28.73	___
8	Cust, Ciara	17	Conwy	28.88	___

Heat 11 of 11 Prelims

1	Enoch, Megan-Jane	17	Torfaen D	28.77	___
2	Grant, Lucy	17	Co Newport	28.63	___
3	Dwyfor-Clark, Efa	15	NofioGwynedd	28.17	___
4	Jones, Isabella	19	Nofio S Gar	26.40	___
5	Williams-Jones, Phoebe	18	Co Cardiff	27.67	___
6	Tucker, Holly	16	Swansea Aq	28.57	___
7	Chayka, Sofia	18	Swansea Aq	28.67	___
8	Fry, Caitlyn	20	Swansea Uni	28.86	___

Event 314 Boys 15 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 5 Prelims

1	Payne, Alexander	16	Droitwich	1:25.79	___
2	Crump, Joshua-James	15	Bridgend Cty	1:22.98	___
3	Williams, Owen	15	NofioGwynedd	1:20.93	___
4	Evans, Oscar	15	Co Hereford	1:17.61	___
5	Silverstone, Solomon	15	Pembs Cty	1:18.78	___
6	Hughes, Cai	15	Nofio Bangor	1:21.10	___
7	Chalk, William	16	Co Newport	1:24.51	___
8	%O'Reilly, McKenzie	15	Gloucester/A, 12+	1:59.22	___

Heat 2 of 5 Prelims

1	Montague, Mason	16	Pembs Cty	1:17.07	___
2	Leatherbarrow, Jack	16	Wrexham	1:16.59	___
3	Doyle, Alfie	16	Co Newport	1:16.05	___
4	Owen, Tomos	17	NofioGwynedd	1:14.30	___
5	Bamborough, Jack	16	Co Cardiff	1:14.95	___
6	Owen, Luca	17	Holywell	1:16.20	___
7	Upton-Boorman, Liam	17	Nofio S Gar	1:16.95	___
8	Temby, Jacob	16	Co Cardiff	1:17.37	___

Heat 3 of 5 Prelims

1	Winstone, Evan	18	Co Cardiff	1:13.90	___
2	Teasdale, Oliver	17	NofioGwynedd	1:12.70	___
3	Orr, Toby	18	Trowbridge	1:11.48	___
4	Lee, Tristan	18	Co Cardiff	1:07.15	___
5	Hoey, Luke	22	Swansea Uni	1:08.98	___
6	Baker, Ellis	18	Caradon	1:12.30	___
7	Tennant, Cale	16	Eastbourne	1:13.60	___
8	Southwood, Charlie	17	Torfaen D	1:14.30	___

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Meet Program - Session 7 - Warmup 7.45 - 8.45

Heat 4 Prelims (#314 Boys 15 & Over 100 LC Meter Breaststroke)

1	Bennett, Finley	15	Pembs Cty	1:13.76	___
2	Song, Guangping	15	Swansea Aq	1:12.69	___
3	Gillett, Oliver	17	Swansea Aq	1:11.20	___
4	Minshull, Callum	20	Swansea Uni	1:06.60	___
5	Lovell-Pascal, Jean-Luc	19	Swansea Uni	1:08.81	___
6	Caddy, Alexander	17	Caradon	1:12.22	___
7	James, Rhys	15	Rct Squad	1:13.22	___
8	Jones, Jay	17	Holywell	1:14.20	___

Heat 5 of 5 Prelims

1	Sockett, Harley	16	Torfaen D	1:13.65	___
2	Neaves, Jake	15	Leic Sharks	1:12.54	___
3	James, Jack	17	Torfaen D	1:09.46	___
4	Kendrick, Elijah	20	Swansea Uni	1:06.04	___
5	Stratton, Joe	20	Swansea Uni	1:07.77	___
6	Preece, Toby	17	Bridgend Cty	1:12.20	___
7	Thomas, Lucas	16	Conwy	1:12.92	___
8	Hole, Ethan	15	Co Cardiff	1:14.12	___

Event 315 Girls 15 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 7 Prelims

1					___
2	Haddrell, Eva Lily	16	Bridgend Cty	1:33.06	___
3	Reilly, Manon	16	Rct Squad	1:31.98	___
4	%Willis, Meghan SB9	17	Torfaen D	1:28.73	___
5	Brook, Cerys	16	Stourbridge	1:30.18	___
6	Miles, Megan	16	Pembs Cty	1:32.98	___
7					___
8					___

Heat 2 of 7 Prelims

1	Lockley, Saskia	15	Oswestry Ott	1:28.25	___
2	Goddard, Amy	15	Rct Squad	1:26.60	___
3	Davies, Sian	15	Mt Kelly	1:26.25	___
4	Taylor-Bernard, Rose	16	Trafford Met	1:25.98	___
5	Gordon, Freya	15	Haslemere	1:26.01	___
6	Price, Cerys	15	Heads Valley	1:26.33	___
7	Penge, Carys	15	Chirk	1:27.90	___
8	Brady, Grace	15	Rct Squad	1:28.40	___

Heat 3 of 7 Prelims

1	Huws, Awen	16	NexusValleys	1:25.72	___
2	Daly, Kirsten	18	Bridgend Cty	1:24.91	___
3	John, Holly	17	Pembs Cty	1:24.70	___
4	O Callaghan, Faye	19	Co Cardiff	1:24.54	___
5	Marshall, Hannah	20	Merthyr Tydf	1:24.66	___
6	Jones, Myia	16	Wrexham	1:24.90	___
7	Roberts, Ellie	16	Nofio Bangor	1:25.00	___
8	Clatworthy, Maddie	15	Bridgend SC	1:25.87	___

Heat 4 of 7 Prelims

1	Johnson, Poppy	15	Holywell	1:23.96	___
2	Palmer-Jones, Evie	19	Co Cardiff	1:23.41	___
3	Jones, Sophie	18	Bath Dolphin	1:22.70	___
4	Perni, Veronica	15	Co Cardiff	1:22.30	___
5	Owen, Elain	19	Chirk	1:22.60	___
6	Evans, Caitlin	18	Neath	1:23.28	___
7	Phillips, Emily	16	Neath	1:23.52	___
8	Gillett, Keira	19	Swansea Uni	1:24.27	___

Heat 5 of 7 Prelims

1	Gardener, Hannah	15	Bridgend Cty	1:21.89	___
2	McNicholas, Caitlin	19	Deben	1:20.86	___
3	Smith, Amelia	16	Co Cardiff	1:18.67	___
4	Sharp, Laura	22	Swansea Uni	1:16.20	___
5	Morgan, Carys	16	Wrexham	1:17.88	___
6	Gibbs, Harriet	16	Nofio S Gar	1:20.29	___
7	Williams, Cari	15	Nofio Bangor	1:20.99	___
8	Jones, Rebecca	15	Co Coventry	1:22.28	___

Heat 6 of 7 Prelims

1	Lewis, Cara	17	Bridgend SC	1:21.69	___
2	Robinson, Scarlett	16	Copeland	1:20.77	___
3	Davies, Ellen	15	Chirk	1:18.40	___
4	Gorman, Helen	52	Co Cardiff	1:16.13	___
5	Owen, Gracie	16	Torfaen D	1:17.30	___
6	Nowell, Gabriella	19	Torfaen D	1:20.23	___
7	Worthington, Emma	16	Chirk	1:20.96	___
8	Owen, Kessie	16	Neath	1:21.99	___

Heat 7 of 7 Prelims

1	Lythgoe, Manon	15	Swansea Aq	1:21.62	___
2	Roberts, Megan	17	Wrexham	1:20.50	___
3	Enoch, Megan-Jane	17	Torfaen D	1:18.09	___
4	Major, Scarlet	21	Swansea Uni	1:12.50	___
5	Williams-Jones, Phoebe	18	Co Cardiff	1:16.21	___
6	Hunt, Amelie	16	Eastbourne	1:19.94	___
7	Faulkner, Marie	19	Co Cardiff	1:20.90	___
8	Stenson, Isabella	17	Cirencester	1:21.90	___

Event 316 Boys 15 & Over 1500 LC Meter Freestyle (HDW)

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 2 Finals

1					___
2					___
3	Brock, Freddy	15	Rct Squad	19:34.30	___
4	Williams, Owen	15	NofioGwynedd	18:34.40	___
5	Bennett, Finley	15	Pembs Cty	18:46.34	___
6					___
7					___
8					___

Heat 2 of 2 Finals

1	Hardy, Dewi	17	Wrexham	18:21.50	___
2	Edwards, Ross	15	Co Cardiff	17:35.69	___
3	McGuinness, Charlie	18	Torfaen D	17:10.70	___
4	Staines, Luca	20	Swansea Uni	16:41.35	___
5	Neaves, Archie	19	Swansea Uni	16:48.34	___
6	Evans, Ieuan	17	Conwy	17:28.09	___
7	Leonard, Ewan	15	Conwy	18:15.69	___
8					___